

»»» **Department of Botany**

## Celebration of International Mountain Day 2025

The PG and Research Department of Botany, in association with the Biodiversity Club, celebrated 'International Mountain Day' on 12 December 2025 at 2:00 PM in Aryabhata Hall. The programme aimed to highlight the significance of mountains and to create awareness among the students of B.Sc. and M.Sc. Botany about the cultural and ecological value of mountain ecosystems. The event featured an insightful talk by the resource person, Dr. Gouthami V, Assistant Professor (Adhoc), Department of Botany, Sree Krishna College, Guruvayur. She delivered a lecture on the theme "Mountains and Indigenous Communities: A Bond of Culture and Survival". In her presentation, Dr. Gouthami V. discussed various mountain communities, their unique cultural practices, traditional ecological knowledge and the intimate connection they share with mountain landscapes. She also emphasized the urgent need for conserving natural resources and highlighted how the survival of indigenous communities is deeply intertwined with mountain ecosystems.

The programme began with a warm welcome address by Dr. Deepa P., Assistant Professor (Adhoc), who also introduced the guest and briefly explained the significance of celebrating International Mountain Day 2025. The session concluded with a vote of thanks delivered by Devi Krishna M., Sixth Semester B.Sc. Botany. The event, coordinated by Dr. Deepa P., Surya E.V. and Amal Shah (Sixth Semester B.Sc. Botany) imparted awareness about the cultural, ecological and conservation importance of mountains, reinforcing the integral role they play in biodiversity and human life.



## Academic Exposure Visit to Kerala Forest Research Institute (KFRI), Peechi: Integrating Laboratory and Ecosystem Studies

The department organized an academic field visit to the Kerala Forest Research Institute (KFRI), Peechi, on 12/12/2025 with the objective of advancing practical knowledge through direct exposure to modern research facilities and natural ecosystems. The visit was attended by Third Semester M.Sc. Botany and Fourth Semester B.Sc. Botany students, accompanied by faculty members Dr. Usman A., Dr. Faseela P., Ms. Sudheesha K., and Ms. Shifa M. During the visit, the students explored the KFRI campus and were introduced to various research laboratories, with special emphasis on pathology, molecular biology, and related research divisions. The interaction provided valuable insights into modern research methodologies, laboratory instrumentation, and ongoing scientific studies in forest and plant sciences. Following the laboratory visit, the group proceeded to Peechi Dam and its surrounding ecosystem, where students observed the ecological features of the area. This session focused on understanding forest ecosystems, biodiversity, and ecological interactions in a natural setting, thereby linking theoretical concepts with real-world observations. The visit proved to be highly informative and enriching, offering students a comprehensive learning experience by combining institutional research exposure with field-based ecological study, and successfully fulfilling the academic objectives of the trip.



## Department of Chemistry

### Community Outreach Program: Wear the Warmth

On December 15, 2025, the Department of Chemistry organized the “Wear the Warmth” initiative as part of its commitment to social responsibility and community welfare. The program aimed to collect clean, usable clothing from students and faculty to support those in need. Dedicated collection points received an overwhelming response, and all items were carefully sorted and quality-checked to ensure dignity for the recipients. The collected clothing was donated to the IMB Valiyettiparamb Charitable Trust in Manjeri, contributing meaningfully to community support and fostering empathy among participants.



### Swap Shop Programme

The PG and Research Department of Chemistry, in association with the Chemistry Club, organized a “Swap Shop” programme on 1 December 2025 at 1:00 PM to promote reuse, reduce waste, and encourage sustainable living among students. Participants actively exchanged books, clothes, accessories, and other reusable items, fostering mindful consumption and circular resource use. The event received an excellent response and effectively conveyed the theme “Trade smart. Live sustainably.”



### Association Programme: Nobel Luminaries – Illuminating The Path To Excellence

The Research Department of Chemistry organized an association programme titled “Nobel Luminaries: Illuminating the Path to Excellence” on 4 December 2025, introducing students to the contributions of the 2025 Nobel Prize winners in Chemistry. A second-semester B.Sc. Chemistry student presented the pioneering work of Susumu Kitagawa, Richard Robson, and Omar M. Yaghi on metal-organic frameworks, coordination polymers, and porous materials, highlighting their impact on gas storage, catalysis, and advanced material design. The programme concluded with an enthusiastic quiz competition on Nobel laureates and their contributions, reflecting students’ keen interest and understanding.



## »» Department of English

### English Association Programme - Spell Bee

The Department of English, KAHM Unity Women's College, organised an Association Hour Programme on December 4 at 2:50 PM in Room F 201. As part of the session, a Spell Bee Activity was conducted for the entire English Department students with the objective of enhancing spelling proficiency, enriching vocabulary, and fostering confidence in the use of English. The programme commenced with a formal welcome address, followed by the smooth coordination of the session by the anchor. The activity involved two 'word announcers' who presented the spelling words clearly and effectively. A panel of judges evaluated the participants and ensured fairness and accuracy throughout the event. Students from all classes of the department participated actively, creating an engaging and academically stimulating atmosphere. The activity enabled students to assess their spelling skills, encouraged healthy participation, and added an interactive element to the Association Hour. The session concluded with a Vote of Thanks, expressing gratitude to the department, faculty members, the Association, and the students for their cooperation and enthusiastic participation. The event was systematically coordinated ensuring its successful execution.



## »» Department of Commerce-CA

### Study Tour to Delhi, Agra, Kulu and Manali

The PG Department of commerce conducted a study tour to Delhi, Agra, Kulu, and Manali for the 6th semester B.Com (Computer Application) students from 2nd December 2025 to 11th December 2025. The sites of visit included the Red Fort, Jama Masjid, Qutub Minar, and Lotus Temple, allowing students to witness India's architectural and cultural heritage firsthand and interact with local markets to understand regional trade and commerce. On the fourth day, the group traveled to Agra, where students visited the Taj Mahal and Agra Fort, gaining insights into the historical, architectural, and economic significance of these monuments. They also experienced the local culture and commerce through visits to markets and cultural centers. The following day, students proceeded to Kulu, checked into their hotel, and participated in an orientation highlighting the local culture, tourism, and environmental significance of Himachal Pradesh. In Kulu, students explored local temples, natural sites, and cultural centers, gaining knowledge of the region's heritage and tourism practices. The journey continued to Manali, where students checked into the hotel and engaged in leisure activities while learning about Manali's geography, economy, and local lifestyle. Full-day sightseeing included Solang Valley, Hadimba Temple, and local markets, giving students exposure to natural landscapes, tourism management, and cultural diversity. Adventure activities such as paragliding, trekking, and optional visits to Rohtang Pass were organized based on weather and permissions, enhancing students' adaptability, problem-solving, and team coordination skills. Group discussions and reflective sessions during the trip allowed students to connect their classroom knowledge with real-world experiences, particularly in commerce, management, and tourism contexts. Students actively participated in planning itineraries, interacting with faculty and local guides, maintaining journals, and documenting their observations. The trip promoted teamwork, leadership, communication skills, and ethical awareness, while fostering environmental consciousness and sustainable tourism practices. Through exposure to India's historical, cultural, and natural heritage, students developed a broader understanding of social, economic, and environmental systems. The tour strengthened practical application of academic knowledge, improved interpersonal skills, and encouraged holistic personal and professional growth. Upon returning to Calicut on 11th December at 8:00 AM, students reflected on their experiences and prepared reports highlighting the knowledge gained, skills developed, and insights into sustainable tourism, heritage preservation, and regional economic practices.



**Department of Home Science**

## World Aids Day Celebration

The PG Department of Home Science observed World AIDS Day on 1st December as part of its commitment to spreading awareness about HIV/AIDS and promoting preventive measures. The main objective of the programme was to educate students about AIDS, its causes, modes of transmission, and prevention, and to reduce stigma associated with the disease. An AIDS-related awareness video presentation was organized for the students. The video highlighted the basics of HIV and AIDS, myths and facts about transmission, importance of early diagnosis and treatment, preventive measures and safe practices and social responsibility and reducing discrimination. The faculty and student coordinators for the programme were Ms. Farsana Shirin K, Assistant Professor (Adhoc) and Ms. Shifa Rinshi, III Sem M. Sc Home Science (Nutrition and Dietetics).



## Pre-Seminar Workshop

A Pre-Seminar Workshop as part of the ALISS Seminar organized by Al Shifa College of Arts and Science, Perinthalmanna was held at Aryabhata hall in association with PG Department of Home Science. The workshop was conducted for students of M. Sc Home Science (Nutrition and Dietetics) on 9th December 2025. A total of 35 students participated actively in the session. The workshop was led by Ms. Sajla Mol, Assistant Professor and Head, Department of Nutrition and Dietetics, Al Shifa College of Arts & Science, who is also an alumna of the Department of Home Science. The session aimed to prepare students for the ALISS Seminar by providing guidance on paper preparation skills and required academic standards. Ms. Sajla Mol shared practical tips and valuable insights, which helped students gain confidence and clarity regarding their seminar presentations.



## Awareness Programme On Menstrual Hygiene

The department, in collaboration with Independents Medicos and the Department of Community Medicine, Government Medical College, Manjeri, organized a Menstrual Hygiene Awareness Session on 4th December 2025 in the Aryabhata Hall. The programme aimed to enhance awareness about menstrual hygiene, promote healthy practices, and break the stigma surrounding menstruation among young women. The programme was inaugurated by Prof. (Dr.) Muhammed Basheer Ummathur, Principal, KAHM Unity Women's College, Manjeri. This was followed by Mr. Thanveer Ahmed BM, Student Union Vice Chairperson, Govt. Medical College, Manjeri, who appreciated the collaborative efforts and encouraged students to actively engage in the session. Ms. Nidha Nafeeza, 2025 Batch Student, GMC Manjeri, delivered the Introduction, outlining the purpose and relevance of menstrual hygiene awareness in the present context. The main session was led by Dr. Anju C, Junior Resident, Department of Community Medicine, GMC Manjeri. She delivered an insightful and interactive presentation on various aspects of menstrual health, including physiology of menstruation, safe menstrual hygiene practices, types of menstrual products, prevention of infections, the role of nutrition, and the importance of seeking medical help for menstrual disorders. A practical demonstration on the use of menstrual cups was conducted by Dr. Sariga, who explained the benefits, usage techniques, maintenance practices, and safety guidelines associated with menstrual cups. The session concluded with a Vote of thanks delivered by Ms. Hiba Kunath, 2024 Batch Student, Govt. Medical College, Manjeri, who expressed gratitude to the participants, and the organizing team for making the programme a success. Dr. NV Fatimathu Zuhara, Assistant Professor & Head, was the convenor of the programme. Ms. Fathima Arshida MT, 3rd Semester M Sc Home Science (Nutrition and Dietetics) served as the student coordinator for this session. A total of 111 students actively participated in the awareness session.



# PG Project Proposal Presentation

The department conducted the Project Proposal Presentation on 15th December 2025 at Ellen Hall. The programme was organized with the aim of providing a structured platform for postgraduate students to present, refine, and finalize their research project proposals. The objectives of the presentation were to enable students to clearly articulate the scope, objectives, and methodology of their proposed studies, to receive constructive feedback from faculty members, and to ensure that the research topics are academically sound and aligned with current scientific standards. All the III Semester M.Sc. Home Science (Nutrition and Dietetics) students presented their project proposals before a panel comprising all faculty members of the department. The faculty members offered valuable suggestions, clarified research objectives, and provided methodological guidance to strengthen and refine the proposed studies. The presentation session was attended by the II Semester M.Sc. Home Science (Nutrition and Dietetics) students, which helped them gain insight into the research process and expectations for their upcoming project work. Ms. Ninsha M., III Semester M.Sc. Home Science (Nutrition and Dietetics), served as the student coordinator for the programme. The outcome of the Project Proposal Presentation was the successful refinement and preliminary approval of student research topics and enhanced understanding of research design among participants, thereby contributing positively to the overall quality of postgraduate research work in the department.



# Alumni Entrepreneurs' Skill Workshop On "Cake Baking"

The Innovation and Incubation Centre of the Department of Home Science organized the Alumni Entrepreneurs' Skill Workshop – 1 on "Cake Baking" as a Christmas special programme on 18 December 2025 at the Nutrition Lab. The programme aimed to enhance students' practical baking skills, promote entrepreneurial thinking, and support the Earn While Learn initiative through active alumni involvement. The programme was inaugurated by Dr. Jyothi P, Associate Professor and Head, PG and Research Department of Chemistry, who emphasized the importance of alumni-supported skill development programmes. Dr. N. V. Fatimathu Zuhara, Assistant Professor and Head, PG Department of Home Science, appreciated the alumnae for organizing the skill-oriented workshop and highlighted its role in fostering entrepreneurship among students. The programme was also visited by Er. O. Abdul Ali, Manager, who interacted with the participants and appreciated the department's efforts. The resource persons, Ms. Faiza T, Founder of Butterlish Desserts, and Ms. Shamna UP, Founder of Sugarbloom\_cakes, alumnae of the BSc FCS (2011–14 batch), conducted hands-on training covering cake batter preparation, sponge making, whipping cream, icing, frosting, and basic cake decoration. Students actively participated in the practical sessions and worked in pairs. As part of the Christmas special programme, plum cakes and brownies were prepared. A total of 11 cakes were prepared. Some of the cakes were sold within the college campus on 19 December 2025, providing students with real-time exposure to Earn While Learn activities. Eighteen students from various departments, along with faculty members, participated in the workshop. The session concluded with feedback from students and a vote of thanks by the student coordinator, Ms. Hana Shihab NK, II Semester BSc FCS. E-certificates were issued to all participants.



## Visit To Flight Kitchen

The students of first and third semester M.Sc. Home Science (Nutrition and Dietetics) visited Casino Air Caterers and Flight Services (CAFS), Karipur, Malappuram, on 18th December 2025. The visit was organized to provide practical exposure to flight kitchen operations and food service management. A total of 31 students participated in the visit. They were given an opportunity to observe various departments such as receiving, storage, cutting, cooking, setting, and loading. The students also visited the laboratory where microbial analysis is carried out to ensure food safety and hygiene. CAFS, which provides catering services to major airlines such as Indigo, Jet Airways, and Air India, highlighted the importance of food safety, sanitation, and quality control in airline catering. The visit was coordinated by Mrs. Nuha Kunhimuhammed, Student Coordinator (II Semester M.Sc. Home Science), and Mrs. Farsana Shirin K, Faculty Coordinator and Assistant Professor (Adhoc). The industrial visit helped students relate theoretical knowledge to practical applications and understand the professional work environment.



## Pothichoru

For the month of December, the Pothichoru distribution was carried out on 22nd December 2025, and the food stuffs and groceries were handed over to a family residing at Vakkethodi, Mullambara, Manjeri. All UG and PG students, along with the faculty members of the department, actively participated in this meaningful outreach activity. The Convenor of the programme was Dr. NV. Fatimathu Zuhara, Assistant Professor and Head, PG Department of Home Science. Lt. Loosiya. KP, Assistant Professor (Adhoc) and UO Shahana. MP, VI Semester BSc FCS, served as the faculty and student coordinators respectively.



## Department of Psychology

### Opparam

The Department of Psychology successfully hosted "Opparam" (Day 1 - 04.12.25), an engaging open discussion platform. The session focused on the critical topic: "Society's View on Mental Disorders." The discussion was coordinated by Faculty Coordinator Hamidha KP (Assistant professor, Dept. Of psychology) and Student Coordinator Riya Fathima (6th Sem BSc Psychology). The event fostered an open environment for students to discuss and reflect on societal perceptions surrounding mental health issues.





## NAMMALIDAM 2K25: The Seven-Day Special Camp

NAMMALIDAM 2K25, the Seven-Day Special Camp of NSS Units 008 & 171 of K.A.H.M. Unity Women's College, Manjeri, was successfully conducted from 23 December to 29 December 2025 at AL HUDA English School, Patterkulam. The camp aimed to inculcate values of social responsibility, leadership, discipline, environmental consciousness, and community engagement among NSS volunteers, strictly adhering to the NSS motto "Not Me, But You." The camp was organized under the guidance of Programme Officers Dr. Haris U. and Dr. Faseela P., with active participation from student volunteers. The camp began with a Vilambara Jaada on 23 December 2025, which served as an effective awareness rally to inform the local community about the commencement and objectives of the NSS camp. NSS volunteers energetically marched through the nearby localities, interacting with residents and inviting them to participate in the camp activities. This initiative helped establish a strong connection between the volunteers and the community from the very beginning. The inauguration ceremony marked the official opening of the camp and was presided over by Prof. (Dr.) Muhammed Basheer Ummathur, Principal of K.A.H.M. Unity Women's College. The camp was inaugurated by Adv. U. A. Latheef, MLA, Manjeri, in the presence of several dignitaries, local body representatives, and social leaders. The inaugural session set a strong foundation for the camp by emphasizing youth participation, social service, and nation-building. To foster unity and teamwork among the volunteers, a Bridging Session titled "Building the Bridge" was conducted on the first day. Through interactive games and group activities, volunteers developed mutual understanding, cooperation, and a sense of belonging. This session played a crucial role in creating a friendly and collaborative atmosphere throughout the camp. Daily morning fitness programmes, including exercises, Zumba, walking sessions, and assemblies, were conducted to promote physical and mental well-being. Sessions such as Chaidanyoodayam, Zest in Steps, Fit Move, Daily Steps, and Daily Fitness instilled discipline, energy, and enthusiasm among the volunteers, enabling them to actively participate in all day-long activities. Environmental sustainability formed a major focus of the camp. Programmes such as Manasa Gramam (road cleaning), Mission Clean (zero-waste cleaning), Aqua Reboot (pond cleaning), and Back to Soil (gardening) encouraged eco-friendly practices and responsible waste management. The One Student One Plant initiative further strengthened environmental awareness by involving each volunteer in planting and nurturing vegetable saplings, thereby promoting sustainability and self-reliance. Community service and outreach activities were carried out with great dedication. The Art of Caring programme at an old age home reflected compassion and respect for senior citizens through painting and renovation works. The Colour of Joy wall-painting programme at an Anganwadi transformed the learning environment for children, while Baalamela, a children's cultural programme, provided a joyful platform for young talents and

strengthened community bonding. The camp also emphasized skill development and personality enhancement. Sessions on Easy Public Speaking and Interview Skills helped volunteers overcome stage fear, improve communication skills, and prepare for professional challenges. These interactive sessions boosted confidence and equipped students with essential life skills required for academic and career success. Health awareness was another key component of the camp. An Awareness Class on Tuberculosis, followed by a quiz competition and health survey, educated volunteers and the local community about symptoms, prevention, and treatment of TB. Additionally, sessions on Palliative Care Awareness sensitized volunteers to the importance of empathy, care, and community support for chronically ill and bedridden patients. Awareness programmes on Financial Literacy and Cyber Safety, National Consumer Day, Electricity Safety, and Right Actions highlighted responsible citizenship in the digital and democratic era. These sessions helped volunteers understand consumer rights, financial safety, energy conservation, legal awareness, and civic responsibilities, contributing to their overall social and moral development. Cultural and motivational programmes added emotional strength and unity to the camp. Bethlehem Night, celebrated as part of Christmas festivities, spread messages of love, peace, and harmony. The motivational session "Path of Passion" inspired volunteers to identify their talents and pursue their goals with determination, confidence, and clarity. The camp concluded with a grand valedictory function titled "Seven Days of Service", which marked the successful completion of the NSS Special Camp. The programme featured addresses by dignitaries, a comprehensive camp report presentation, volunteer feedback, and expressions of gratitude. The valedictory session reflected on the transformative journey of the volunteers and celebrated their commitment and service. NAMMALIDAM 2K25 was a highly successful and impactful NSS camp that strengthened the bond between the institution and the community. The camp provided volunteers with opportunities for service, learning, leadership, and self-growth, leaving behind lasting memories and reinforcing the true spirit of the National Service Scheme





## Cancer Awareness Programme

A Cancer Awareness Programme titled "Early Detection Save Lives" was conducted on 5 December 2025 at 2:00 PM in the CH Auditorium, in association with the Leafsgage Foundation. The programme aimed to create awareness among students about cancer, its early symptoms, preventive measures, and the importance of early diagnosis in saving lives. The programme was formally inaugurated by Dr. Haris. U, NSS Programme Officer, who highlighted the crucial role of awareness and regular health check-ups in reducing cancer-related mortality. The session was felicitated by Dr. Faseela. P, NSS Programme Officer, who appreciated the initiative and emphasized the responsibility of youth in spreading awareness within society. The programme was informative and interactive, helping participants gain valuable knowledge about cancer prevention and early detection. The collaboration with Leafsgage Foundation added greater relevance and credibility to the session, making it a meaningful and impactful awareness programme.





## Dialysis Kit Packing

As part of the Hastham Palliative Care Project by Manjeri Municipality, six NCC cadets of KAHM Unity Women's College, Manjeri actively participated in the dialysis kit-packing activity held at the Hastham Office, Manjeri Municipality, on 16th December 2025. The aim of the programme was to support patients undergoing dialysis by preparing essential dialysis kits under the Hastham Palliative Care Project. The objectives were to familiarise NCC cadets with palliative care services, to develop empathy and social responsibility among students, and to encourage active participation in community-based healthcare support. Mr. Shafeeq, Counsellor from Government Medical College, delivered a brief explanation about the project and its significance in patient care. The participating cadets were CDT Amna PK (IV Sem BSc Botany), CDT Fathima Henna K (IV Sem BCom Cooperation), CDT Pranava PG (IV Sem BCom CA), CDT Anshida Banu KP (II Sem BSc Computer Science), CDT Seetha Lakshmi TL (II Sem BSc Computer Science), and CDT Shifana VP (II Sem BSc FCS). The outcome of the programme was the successful preparation of dialysis kits for distribution to patients, along with increased awareness among cadets about the importance of palliative care services and community health support.



## Parades Conducted In October Month 2025

In the month of October, NCC parades were conducted on the 5th, 9th, 12th and 16th of December 2025 as part of the regular training activities of the NCC. The aim of these parades was to strengthen the cadets' drill proficiency and theoretical understanding in preparation for the 'B' and 'C' Certificate examinations. The objectives included improving discipline and coordination through drill practice, enhancing academic readiness through theory sessions and providing cadets with proper guidance from trained officers. On the parade days, cadets attended both drill and theory classes based on the prescribed syllabus. Officers from the 9(K) Girls Battalion NCC, Kozhikode, came to the college to train the cadets, while Lt. Loosiya KP, Associate NCC Officer handled theory sessions and supervised the parade activities. The senior cadets, UO Rushda P. (6th Sem B.Sc. Mathematics) and UO Shahana M. P. (6th Sem B.Sc. FCS), also coordinated the cadets. All first, second- and third-year cadets actively participated in the training. The outcome was improved drill performance, better exam preparation and increased confidence among cadets in fulfilling their responsibilities as NCC cadets.





## University of Calicut Inspection Committee Visit for Autonomous Conferment

The Inspection Committee constituted by the University of Calicut visited the college, in connection with the proposal for granting autonomous status to the institution. The committee was constituted as per the directions of the Hon'ble Vice-Chancellor, based on the application submitted by the college to the University Grants Commission (UGC) through the UGC portal. The purpose of the visit was to assess the institutional readiness and eligibility for the conferment of autonomous status in accordance with UGC regulations. During the visit, the committee evaluated various academic and administrative parameters, including curricular planning and implementation, teaching-learning and evaluation processes, academic performance, availability of qualified faculty, infrastructure & learning resources, ICT facilities, assessment and examination mechanisms ensuring confidentiality and transparency and the effective functioning of statutory and non-statutory committees. The quality assurance practices, governance mechanisms and institutional preparedness for academic and administrative autonomy were also reviewed. The Inspection Committee comprised Sri T. J. Martin (Convenor, Member Syndicate), Adv. M. B. Faisal (Member Syndicate), Dr. Rasheed Ahammed P (Member Syndicate), Dr. Mohamed Haneefa K, Dean, Faculty of Humanities and Dr. R. V. M. Divakaran, Dean, Faculty of Language & Literature. As part of the inspection process, the committee interacted with teaching staff, non-teaching staff, students, parents and members of the Governing Body to assess stakeholder participation, institutional practices and overall performance. The college Principal Prof. (Dr.) Muhammed Basheer Ummathur made a detailed presentation highlighting the academic achievements, infrastructure development, quality initiatives, research and extension activities, student support systems, NAAC-related details and the institution's plan of action upon obtaining autonomous status. Dr Shahina Mol A K, nodal officer for Autonomous conferment, coordinated the inspection. The visit marked an important milestone in the college's efforts towards academic excellence, quality enhancement and institutional autonomy.





## Fine Arts Union & Fine Arts Inauguration 2025-26

"You should learn to dream, and consistent dreams will lead you to success," urged Shahana Sharthu, renowned social activist and motivational speaker, as she addressed the gathering at the College Union and Fine Arts Inauguration held on December 8, 2025 at the College Auditorium. In her keynote, she cautioned against the dangers of neutrality and highlighted the importance of being socially aware and actively engaged in the democratic fabric of our times. The ceremony began with Prof. (Dr.) Muhammed Basheer Ummathur administering the oath to the newly elected Union Members, who formally assumed their responsibilities under the banner of Haya Students' Union. The Fine Arts inauguration was graced by Mr. Qudrath, celebrated storyteller and vlogger, whose captivating narratives conveyed timeless lessons of human values. His session culminated in the unveiling of the Fine Arts logo, "Kalaima", symbolising creativity and cultural spirit. An introductory note for the programme was delivered by Dr. Jyoti P., Staff Advisor, who offered a rich account of the college's history and legacy. Ayisha Liyana, the newly elected Chairperson gave an inspiring address, underscoring the growing need for skill-based learning in the age of artificial intelligence. The event was further enriched by felicitations from Jb. O. Abdul Ali, College Manager, and Dr. Hikmathullah V., Fine Arts Director. Warm words of encouragement were also shared by Ms. Binshida (Fine Arts Secretary) and Dr. Harris (Staff Club Secretary). The formal proceedings concluded with a gracious vote of thanks by Ms. Fathima Rasha, General Secretary. The inauguration was then celebrated with a vibrant musical performance by Fadil and Seppy, leaving the audience uplifted and inspired.



## Christmas Celebration 2025 at KAHM Unity Women's College, Manjeri

KAHM Unity Women's College, Manjeri, joyfully celebrated Christmas 2025 with a vibrant and meaningful program held on Thursday, December 18, 2025, at 9:30 AM in the C.H. Auditorium. The event commenced with a warm welcome speech delivered by Aysha Liyana, Chairperson of the Haya Students Union, setting a festive and inclusive tone for the gathering. Dr. Jyothi, Principal-in-Charge, presided over the function and delivered the presidential address, emphasizing the values of unity, compassion, and harmony that the season represents. Mrs. Merin Sara, Research Scholar from the Department of Chemistry, shared an inspiring Christmas message, highlighting the significance of love, peace, and goodwill. Adding a literary touch, Dr. Rajani, Assistant Professor in the Department of English, narrated the timeless Christmas story, captivating the audience with its profound narrative. Dr. Hikmathulla V, Advisor of Fine Arts, offered felicitations, appreciating the efforts of the organizers and participants. The cultural highlight was a melodious Christmas song performed by Mr. Shabeer Mon, Head of the Department of History, along with students Afeefa and Miskah, filling the auditorium with festive cheer. The program concluded with a vote of thanks proposed by Fathima Rasha, General Secretary of the Haya Students Union, expressing gratitude to all contributors. A special attraction of the celebration was the beautifully arranged Pulkoodu (Nativity crib), meticulously prepared by the students, depicting the birth of Jesus Christ and adding a traditional Kerala touch to the festivities.



## Kalaima 2025 – Fine Arts Festival

The Kalaima 2025 Fine Arts Festival, the annual cultural extravaganza of KAHM Unity Women's College, Manjeri (under the banner of Haya Students' Union), was held with great enthusiasm and participation in 18,19,22 December 2025. This vibrant multi-day celebration showcased the artistic talents of students across various literary, performing, and visual arts categories, blending traditional and contemporary expressions in a colorful display of creativity and unity. The festival featured both off-stage and on-stage competitions spread across multiple days.

The event lived up to its name Kalaima (evoking artistic essence) with a riot of colors, music, dance, literature, and creativity. Participation was enthusiastic across departments, with students showcasing multilingual talents (Malayalam, Hindi, English, Arabic, Urdu, Tamil). Off-stage events emphasized creativity in visual arts (painting, rangoli, pookkalam, clay modeling, photography), while on-stage days brought electrifying performances in music, drama, dance, and recitation. The festival fostered cultural harmony, women's empowerment, and artistic excellence in line with the college's vision.

Kalaima 2025 was a resounding success, marked by perfect organization, high energy, and memorable moments of talent and teamwork. The Haya Students' Union deserves appreciation for curating such a diverse and inclusive cultural platform. The festival not only celebrated artistic skills but also strengthened the spirit of unity among the students of KAHM Unity Women's College. Kalaima 2025 truly embodied unity, talent, and cultural richness under the guidance of Fine Arts Secretary Binsida and Fine Arts Directors Dr. Hikmathulla V& Mrs. Jaseena





## Teachers' Credentials

- **Dr. Faseela P**, Assistant Professor, Department of Botany has participated and presented a poster entitled as 'Green ZnO nanoparticles as a sustainable strategy to restore morphophysiological and biochemical functions in Ni-stressed muskmelon plants' in the 6<sup>th</sup> International Conference on Plant Physiology 'Translational Genomics and Physiology for Sustainable Agriculture' jointly organized by the TNAU, Coimbatore and ISPP, New Delhi during December 15-18, 2025 at TNAU, Coimbatore, Tamil Nadu.



- **Dr Deepa K**, Assistant Professor, Research Department of Chemistry, published a paper titled "Nanomaterials in Modern Chemistry: A Long Research Article on Synthesis, Characterization, and Multidisciplinary Applications in Medicine, Energy, and Environment" in Scopus indexed journal "Journal of Applied Bioanalysis", December 2025

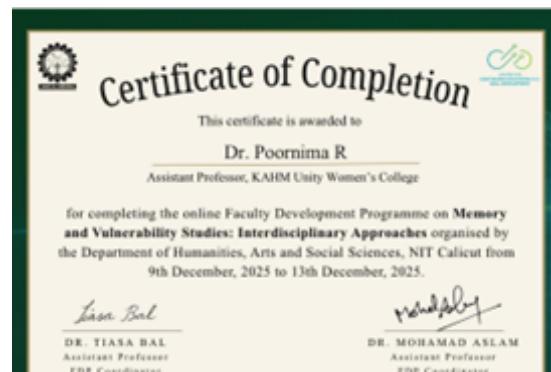


- **Ms. Fathima Shajitha TK**, Associate Professor of Commerce served as subject expert of screening cum evaluation committee for promotion of faculties at Amal College of Advanced Studies Nilambur on 08.12.2025 and Zamorin's Guruvayurappan College on 18.12.2025.

- **Dr. Thasnim P**, Assistant Professor in the Department of Chemistry, served as a peer reviewer for the Journal "International Journal of Pure and Applied Chemistry"



- **Dr. Poornima R** attended an online Faculty Development Programme on Memory and Vulnerability Studies: Interdisciplinary Approaches organised by the Department of Humanities, Arts and Social Sciences, NIT Calicut from 9th December, 2025 to 13th December, 2025.



- **Dr. Shahina Mol A K**, Head of the English Department at KAHM Unity Women's College, Manjeri inaugurated the English Association at Pristine Valley College of Arts and Sciences, Pookolathur, Manjeri and delivered a lecture on "Beyond the Classroom: The Real World Value of Studies in English", on 2 December 2025.



- **Dr Shahina Mol A K**, Head of the English Department at KAHM Unity Women's College, Manjeri delivered an invited lecture at MES Mampad College (Autonomous) on the “The Question of Palestine: History, Literature and Cinema on 5th December 2025”. The lecture was organised by the postgraduate department of English at the institution.



- **Ms Ayisha Zidha** of the PG and Research Department of English, participated in the Training of Trainers (ToT) Workshop conducted under the English Language Skill Training Programme on 22 December 2025 at Kochi. The workshop was organised by Kerala Development and Innovation Strategic Council (K-DISC), Government of Kerala, as part of the Vijnanakeralam initiative.



- **Faizal TK**, Assistant Professor of History published an article titled, “Shrines, Ideology and Struggle: The Role of Malabar Mosques in the Portuguese Period” in the Proceedings of the South Indian History Congress (Volume 43, 2025).
- **Ms. Jaseena C.**, Assistant Professor of History published an article titled, “Preserving Tradition, Driving Change: Chalilakath Kunchahamed Hajji and the Evolution of the Malabar Education System” in the Proceedings of the South Indian History Congress Volume: 43, Year: 2025 UGC CARE Listed Journal .

- Faculty members of the Department of History participated in the 44th Annual Session of South Indian History Congress held at Vellore Institute of Technology, Vellore, Tamil Nadu, from 20 to 22 December 2025. During the session, **Mr. Faizal T.K.**, **Mr. Shabeermon M.**, and **Ms. Jaseena C.** contributed scholarly papers addressing diverse research themes. Their papers included “Cultural Confluence and Architectural Expression of Malabar Mosques: Examining the Mishkal Mosque in Calicut,” ( Mr. Faizal ) which analysed syncretic architectural traditions in Malabar; “A Culinary Lexicon of Exchange: Arabic and Persian Loanwords in Malayali Gastronomy,” ( Shabeermon M ) which examined linguistic and cultural exchanges reflected in Kerala's food traditions; and “The Citadel of Tradition and Modernity: Jamia Nooriya Arabic College, Pattikkad, and the Transformation of the Mappila Educational Landscape in Malabar,” ( Ms Jaseena C ) which explored the role of educational institutions in negotiating tradition and modernity within the Mappila community.



- **Ms. Sahida.K**, Assistant Professor (Adhoc), PG Department of Commerce, published a paper titled “Impact of Platform Transparency on Investor Trust in Digital Chain Financial Models” in International Journal for Multidisciplinary Research ISSN 2582-2160, Impact factor 9.24.



**KAHM UNITY WOMEN'S COLLEGE**  
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**PG & RESEARCH DEPARTMENT OF BOTANY**  
**K-TET QUALIFIERS 2025**



**NIDHA NAHANI P.**  
M.Sc. BOTANY 2022-24 BATCH



**SUFNA C.**  
M.Sc. BOTANY 2022-24 BATCH



**SHAHANA SHERIN K.**  
M.Sc. BOTANY 2022-24 BATCH



**NADIYA K.T.**  
B.Sc. BOTANY 2015-17 BATCH  
M.Sc. BOTANY 2020-22 BATCH



**RISHLA K.**  
M.Sc. BOTANY 2015-17 BATCH



**ARDHRA C.**  
B.Sc. BOTANY 2020-22 BATCH



**SIBILY P.K.**  
M.Sc. BOTANY 2022-24 BATCH



**RINSHA SHERIN M.**  
M.Sc. BOTANY 2022-24 BATCH



**PREETHI A.**  
B.Sc. BOTANY 2019-21 BATCH



**AISWARYA K.**  
B.Sc. BOTANY 2020-22 BATCH



**THASKEENA N.K.**  
B.Sc. BOTANY 2020-22 BATCH



**RIYATHANSEENA M.K.**  
B.Sc. BOTANY 2020-22 BATCH

## »»» Students' Achievements

- 20 students of III semester and I semester MSc Home Science (Nutrition and Dietetics) participated in ALISS: Al Shifa International Student Seminar organized by Al Shifa College of Arts & Science, Perinthalmanna. Among them, 11 students from III Semester MSc Home Science (Nutrition and Dietetics) presented research papers aligned with the conference theme.



- **Ms. Shifna Jahan** of Third Semester MA English delivered a lecture on "Waves of Feminism" in a near peer teaching session for Third Semester Undergraduate students of PG and Research Department of English as a part of the deliberations on 'Gender Perspectives in Literature' on 2nd December 2025 at 2.40 pm



- **UO Shahana MP (VI Sem BSc FCS) and CDT Asifah P (IV Sem BCom Cooperation)**, NCC cadets, successfully completed the All India Trekking Camp - Shivaji Trail Trek (STT) 2025 conducted by NCC Group, Kolhapur on behalf of Maharashtra Directorate from 25th November to 5th December 2025. As part of the Kerala and Lakshadweep SW Contingent, they actively participated in the week-long AITC Shivaji Trail Trek - II, which included trekking across key historical locations such as Panhala Fort, Bambvade, Malkapur, Pawankhind, and Vishalgargh Fort, along with attending briefings, warcraft demonstrations, and cultural events.



- **Fathima Salha AK**, 2nd Semester MSc Chemistry student, secured Second Place in the District Fencing Championship conducted by the State Sports Council and has been selected to participate in the State Fencing Championship on 28th December 2025 at Calicut.

